

# River Delta School District

## DELTA ELEMENTARY CHARTER SCHOOL

### Lunch Menu

### SEPTEMBER 2023

**Meal also includes:** A choice of milk

**Remember:** Students are required to select at least 1/2 cup of fruit, juice or vegetable at every meal.

Due to supply chain issues, menus are subject to

Meals are free of charge to ALL students this school year!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>4</div> <p>HOLIDAY</p>	<div>5</div> <p>Grilled Cheese Sandwich Chicken Burger</p> <p>Pickles, Carrots Canned Fruit, Watermelon</p>	<div>6</div> <p>Cheese Pizza Pepperoni Pizza</p> <p>Caesar Salad, Cucumber, Banana, Orange</p>	<div>7</div> <p>Bean &amp; Cheese Pupusa Chicken Quesadilla</p> <p>Salsa, Carrots, Corn Canned Fruit, Fresh Apple</p>	<div>8</div> <p>Fried Rice w/ Edamame Orange Chicken w/ Fried Rice</p> <p>Cucumber, Jicama Sticks Sliced Apples, Raisins or Craisins</p>
<div>11</div> <p>Cheese Nachos Soft Chicken Tacos w/ Cheese</p> <p>Legumes, Cucumber, Salsa Apple, Orange</p>	<div>12</div> <p>Mozzarella Filled Breadsticks Chicken Nuggets Offered w/ Goldfish Crackers</p> <p>Corn, Carrots Canned Fruit, Watermelon</p>	<div>13</div> <p>Cheese Pizza Pepperoni Pizza</p> <p>Cucumber, Broccoli Banana, Orange</p>	<div>14</div> <p>Pepperjack Cheese Enchiladas Pork Carnitas in a Tortilla</p> <p>Carrots, Jalapenos Canned Fruit, Sliced Apples</p>	<div>15</div> <p>Pasta Marinara Hot Dog</p> <p>Caesar Salad, Jicama Sticks Banana, Raisins or Craisins</p>
<div>18</div> <p>Grilled Cheese Sandwich Chicken Drumstick over Slaw Offered w/ a Roll</p> <p>Legumes, Cucumber Apple, Orange</p>	<div>19</div> <p>Yogurt Cup w/ Crackers Chicken Corn Dog</p> <p>Corn, Carrots Canned Fruit, Watermelon</p>	<div>20</div> <p>Cheese Pizza Pepperoni Pizza</p> <p>Caesar Salad, Cucumber Banana, Orange</p>	<div>21</div> <p>Cheesy Pull Aparts Sloppy Joe Sandwich</p> <p>Carrots, Pickles Canned Fruit, Sliced Apples</p>	<div>22</div> <p>Pasta Bake Meatball Sub</p> <p>Caesar Salad, Jicama Sticks Banana, Raisins or Craisins</p>
<div>25</div> <p>Mozzarella Stuffed Breadsticks Chicken Nuggets Offered w/ Goldfish Crackers</p> <p>Legumes, Cucumber Apple, Orange</p>	<div>26</div> <p>Pepperjack Cheese Enchiladas Soft Beef Tacos</p> <p>Corn, Carrots, Canned Fruit, Watermelon</p>	<div>27</div> <p>Cheese Pizza Pepperoni Pizza</p> <p>Cucumber, Broccoli Banana, Orange</p>	<div>28</div> <p>Bean &amp; Cheese Burrito BBQ Chicken Burger</p> <p>Carrots, Salsa Canned Fruit, Sliced Apples</p>	<div>29</div> <p>Cheese Nachos Cheeseburger Hamburger</p> <p>Pickles, Jalapenos, Jicama Sticks Banana, Raisins or Craisins</p>

# River Delta School District

## ELEMENTARY Breakfast Menu

### SEPTEMBER 2023

Due to supply chain issues, menus are subject to change.

Meals are free of charge to ALL students this school year!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sliced Breakfast Bread Pancake Wraps	Assorted Cereal Offered w/ Graham Crackers Concha	French Toast Sticks Cinnamon Bun	Chorizo & Potato in a Tortilla Assorted Cereal Offered w/ Graham Crackers	Fruit & Yogurt Parfait w/ Granola Benefit Bar
100% Fruit Juice Orange White Milk Chocolate Milk	100% Fruit Juice Banana White Milk Chocolate Milk	100% Fruit Juice Apple White Milk Chocolate Milk	100% Fruit Juice Raisins White Milk Chocolate Milk	100% Fruit Juice Canned Fruit White Milk Chocolate Milk

**Remember:** Students are required to select at least 1/2 cup of fruit, juice or vegetable at every meal.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:** U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
2. **fax:** (833) 256-1665 or (202) 690-7442; or
3. **email:** [Program.Intake@usda.gov](mailto:Program.Intake@usda.gov)

This institution is an equal opportunity provider.

For menu nutritional information and foods containing common food allergens please visit [www.rdusd.org](http://www.rdusd.org)